

Capy's Feelings Cards

From worried to brave. Cut along the dashed lines.



Worried



Fluttery tummy



Fidgety



Frozen



Slow breaths



Trying



Brave



Proud



Ready

Lay the cards in a row from Worried to Ready. Ask: "Where are you now? What is one small step?"

Capy's Feelings Cards to Color

Color each Capy, then cut along the dashed lines.



Worried



Fluttery tummy



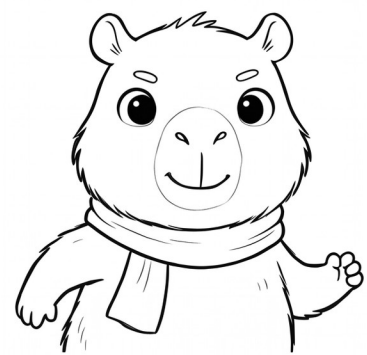
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Ready

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